

Date: 1/14/2009
Time: 1:37 PM



Salad, Cobb

Morrisville Auxiliary Corp
Mustang Alley

Author

Categories

Tools

Locations FOG

Plate/Store

Yield 1 ea

Portion 1 ea

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts	
Serving Size	1 ea
Servings Per Container	1
Amount Per Serving	
Calories 468	Calories From Fat 183
% Daily Value	
Total Fat 20g	31%
Saturated Fat 9g	40%
Trans Fat 0g	
Cholesterol 292mg	97%
Sodium 1722mg	72%
Total Carbohydrates 28g	9%
Dietary Fiber 4g	19%
Protein 40g	
Vitamin A 36%	Vitamin C 41%
Calcium 36%	Iron 17%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

Container, 8x8 clear - large salad

Reason

No nutrition information