

Date: 1/9/2009  
Time: 3:40 PM



**Chicken Tenders**  
Morrisville Auxiliary Corp  
Mustang Alley

**Author**

**Categories**

**Tools**

**Locations** 3rd Degree

**Plate/Store**

**Yield** 1 ea

**Portion** 1 ea

**Num Portions** 1

**Prep**

**Cook**

**Finish**

**Shelf**

<b>Nutrition Facts</b>	
Serving Size 1 ea	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 477 <b>Calories From Fat</b> 108	
% Daily Value	
<b>Total Fat</b> 12g	18%
Saturated Fat 3g	15%
Trans Fat 0g	
<b>Cholesterol</b> 232mg	77%
<b>Sodium</b> 202mg	8%
<b>Total Carbohydrates</b> 1g	0%
Dietary Fiber 0g	0%
<b>Protein</b> 85g	
Vitamin A 1%	Vitamin C 0%
Calcium 4%	Iron 16%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

**Ingredient**

Tray, Food Paper 1#

**Reason**

No nutrition information